Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 19 Mar 2023 until 23:59 on Monday 20 Mar 2023

Forecast Issued on Sunday 19 Mar 2023 at 03:04 by Met Office Aberdeen

Confidence: High for Sunday. High for changeable weather early next week with rain at times and for a return to cold weather midweek. Low for details on Wednesday.

Headline for Sunday 19 Mar 2023: Mainly dry and cold, snow spreading east later in the afternoon and evening

Mountain weather hazards on Sunday 19 Mar 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Fog	Cloudy	Dull	Light snow	Light snow	Light snow
Precipitation probability					
10%	10%	10%	20%	80%	80%

Forecast for Sunday 19 Mar 2023

Weather: A mostly dry cloudy morning, some brighter spells developing, just a few light snow showers possible over western coastal hills. Cloud thickens in the afternoon with rain, snow above 700m, reaching the Cuillins around mid-afternoon and then extend eastwards across remaining areas by mid-evening. Snow turning to rain at all levels in the south across Knoydart by midnight.

Chance of cloud-free hill tops above 800m: 60%, falling to 10% or less in the evening.

Low cloud and visibility: Good visibility outside of cloud. Patches of cloud down to 800 metres, although this extensive around dawn in the west of the area. Quickly reducing visibility as lowering cloud and snow arrives in the evening, hill fog down to 500 to 800 metres developing quite widely.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 19 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	21/26 NW	10/12 NW	6/9 W	9/12 SW	9/12 S	9/12 SE	12/16 E
900	21/26 NW	9/11 NW	6/9 W	8/11 SW	9/11 S	8/11 SE	12/15 E
600	12/18 NW	7/9 NW	5/8 W	6/9 SW	6/9 S	6/8 SE	8/12 E
300	6/21 NW	2/9 NW	3/7 W	3/9 SW	1/7 S	2/6 E	4/11 E
Glen	4/12 NW	2/4 S	4/7 SW	3/7 SW	3/7 S	3/6 E	7/12 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-2/-9	-2/-7	-2/-5	-1/-6	-2/-6	-2/-6	-1/-7
900	-1/-8	-1/-6	-1/-4	-0/-4	-1/-5	-1/-5	-1/-6
600	1/-4	1/-2	2/-0	2/-1	1/-2	1/-2	1/-2
300	3/1	4/3	5/4	5/4	3/2	2/1	2/0
Glen	5/4	6/6	7/6	7/6	6/5	5/4	5/3
Freezing Level*	700m	700m	700m	700m	700m	700m	900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
A much colder day than of late. Icy surfaces where rain and snow melt have occurred recently.

Forecast for Monday 20 Mar 2023
Weather: Any snow dying out in the early hours then a dry and overcast morning. Widespread rain will extend northeast through the afternoon, clearing away in the evening.

Maximum wind: Southeasterly 25 mph

Chance of cloud-free hill tops above 800m: 30%, some breaks possible along the west coast

Low cloud and visibility: A lot of low cloud down to 500 to 800 metres with poor visibility throughout the day. However a chance that western coastal ranges may be afforded some shelter with some breaks in the cloud sheet

Temperature: **Glens:** Plus 3 rising to 8 Celsius
At 800m: 0 rising to 5 Celsius
Freezing level: 800 metres rising above summits

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